



# The Good News Weekly

March 1, 2015



Sixth and Main Streets  
Clarksburg

[www.christchurch1853.com](http://www.christchurch1853.com)

721 Hall Street  
Bridgeport

## Thankful Tuesday—March 3

Join us for s Simple Soup supper at 6:00 p.m.

Carol Rogers is our chef this week.

Diane Cormack will lead our second Lenten session as we journey the "Christ Walk" to wellness. How do you organize life? Do these stumbling blocks sound familiar? Self-doubt, stress, gluttony? Come and share the journey with others.

Dear friends,

Are you tending your soul? Or better yet are you letting God tend your soul? We tend our physical bodies (some of us are more faithful at this than others). We certainly pay attention to our work schedules and all the tasks at hand that must get done. We pay attention to the sports schedules and the meeting schedules. Maybe we are even attentive to family time with an occasional dinner meal together, trips to see the kids and grandkids, or plans to get away.

Tending our souls somehow always finds its way to the bottom of the to-do list. Just imagine if you let God regularly tend your soul. I can, with great confidence, assure you that when your soul is at peace, when you take the time to be present before God, when you spend time in fellowship with other seekers the rest of your life that can feel incomplete or overly busy or lacking will come alive.

The season of Lent can be an intentional time for Soul tending. It is our custom and tradition in the Episcopal Church to read the story of Jesus' 40 days in the wilderness the first Sunday of Lent. This wilderness experience for Jesus is found in three of the 4 Gospels. So what is going on in Luke? Jesus is full of the Holy Spirit. He is back from his baptism in the Jordan river where God has spoken to him and said you are my Son, my beloved. He is led by the spirit in (not into) the wilderness. He was tempted by the devil for 40 days and of note he did not eat for these forty days. It appears from the passage that it was only after the 40 days, when Jesus is truly famished that the devil speaks to him.

What is your wilderness? What is that place of trials, of trouble, of temptation and testing. Is it at your work with a colleague, is it at school with another student, is it feeling alone, is it the world and how scary it feels for these days, or is it the unknown? They say that our spiritual depth and understanding of God's grace and mercy is often deepened when we face our wilderness though none of us will consciously choose paths of difficulty and trouble.

Lent is 40 days with Biblical history and purpose. This Lent choose to walk in the wilderness parts of your life and seek God's wisdom and grace.

Shalom, Anne +

## Serving Ministries for March 8

### 9:30 a.m. Eucharist Rite I at Christ Church

Chalicerist / Lector: Susan Walsh

Ushers: Tina and Xoe Clark

Acolyte: Joshua Limbers

Altar Guild:

### 10:30 a.m. Coffee Hour

### 10:45 a.m. Christian Education

Children: Anne West

Adults: Guy Gage

Teens: Nancy Cotten

### Fill backpacks after Sunday School

### 5:30 p.m. Eucharist Rite I at St. Barnabas

Chalicerist / Lector: Beth Sickles

Ushers: Tom and Becky Durrett

Altar Guild: Elsa Bartlett

### Looking Ahead.....

**March 8th: It is time to spring forward  
Ecumenical Youth Gathering at  
Duff Street Methodist Church at 1:00 p.m.**

**March 15th: Lenten Evensong at 5:30 p.m.**

### Volunteer Corner

Are you filling your Hope Chest this Lent?

The Episcopal Relief and Development Fund is an amazing arm of our Church. Go to [www.episcopalrelief.org](http://www.episcopalrelief.org) to learn more

*... knowing, living, and sharing the Good News of Jesus Christ.*